

Strength :: Independence Love :: Knowledge

Empowering Women of Domestic Violence

About SILK Empowered

SILK Empowered was formed in May of 2008 with the intent of helping women who have been victims of domestic violence rebuild their lives.

Our programs focus on building Strength, Independence, Love and Knowledge (SILK) that empower them to have self worth and eventual home ownership.

SILK Empowered offers both educational classes in building their self-esteem and self worth, while providing a transitional housing program in building the bridge to homeownership. This will include buying a building for transitional living as well as creating a network of rent-to-own homes at affordable prices.

From the founder of SILK Empowered:

SILK Empowered was born when I thought to myself 'What if I create an organization designed to meet these women in their place of need and then show them how they can realize the American Dream of home ownership? I understand the real estate market, I can tap into community connections to bring people together to offer the programs these women need, and I believe there must be like-minded donors/property owners like me who would like to help.'

– Candace Vanice



Empowering Women
of Domestic Violence

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Our Focus

SILK Empowered works in partnership with domestic violence shelters to:

- ☀️ Provide educational programs not otherwise offered by the local shelters.
- ☀️ Provide a housing program to victims who are ready to move out of the shelter.

Educational Programs

SILK Empowered offers classes with a strong emphasis on self-esteem, self-confidence, health and fitness.

Vision Boards: Fun interactive class. Participants begin their journey by making a vision board that helps them begin to think about their dreams and where they'd like their lives to go. This class will be taken first and then again at the end of the six months to see how their perspective may have changed along this journey.

Money Magic: An opportunity to explore clarity, structure and support at the practical, spiritual and emotional dynamics of our current relationship with money and begin to align our needs with our purpose.

The Emotionally Abused Woman: Focuses on overcoming destructive patterns and reclaiming yourself.

Where To Draw The Line: Learning how to set healthy boundaries every day.

Everything Self Esteem: Teaches how to boost confidence, achieve inner strength, and learn to love themselves.

StrengthFinder 2.0: Allows women to discover their strengths and how to make them work for them.

Health & Fitness: Offers exercise classes, and lessons about healthy eating.

Affordable Housing

SILK Empowered provides assistance in housing costs for clients leaving temporary shelter for up to six months while taking classes provided by SILK Empowered. The housing cost can include: rent, security deposit, and utilities. The funds can also be used toward credit repair.

To qualify for the SILK program, the participant must meet the following requirements:

- ☀️ Must be a current participant in the Contracting Agency's program.
- ☀️ Sign the Participation Agreement, which is maintained in participant's file.
- ☀️ Must have current employment.
- ☀️ Must agree to complete 3 classes provided by SILK Empowered during the six month program.
- ☀️ Agrees that money spent on participant's housing will be paid to housing facility by either SILK Empowered or Contracting Agency, depending on contract.

For more information about SILK Empowered programs, please go to our web site: www.silkempowered.org

Mission & Vision

Mission

SILK Empowered Mission: SILK Empowered creates safe and loving environments for women and their children who have suffered domestic violence abuse. We empower our clients to transform their lives by participating in programs focused on building Strength, Independence, Love and Knowledge (SILK) resulting in eventual homeownership.

Vision

SILK Empowered aims to break the cycle of domestic violence by empowering every woman in the United States to have self-confidence and self-sufficiency to ensure loving family environments.

Get Involved

Volunteers are a vital source of support to SILK Empowered. We could not do this without you! For more information, visit www.silkempowered.org.

Donations are always welcomed and much needed in order to help SILK to continue to assist the women in our programs.

If you would like to donate at any level, we would greatly appreciate your support. You can make a tax-deductible donation on our Web site. Go to: www.silkempowered.org

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